



**Hoppers
Crossing
Netball
Association**

2026 / 27 SEASON

Representative Program

Coaching profiles & program overview

PROUDLY SUPPORTED BY

**Community Bank
Altona & Laverton**

 **Bendigo Bank**



Hoppers Rep gives committed athletes the chance to **compete, develop and represent HCNA** against associations right across Victoria, with specialist coaching and a clear standard across every age group.

What we offer

 Age groups Girls 11 to 17 & Under, Boys 13 to 17 & Under	 Weekly training Tuesday nights at Mossfiel Reserve	 Specialist coaching Position and skills coaching from specialist coaches
 Tournaments Competition right across Victoria	 Parkville Weekly competition at the State Netball Centre	 Athlete development Wellbeing, growth and support all season

Coaching & support

Strength & conditioning

Video & match preparation

Development workshops

Season-long mentoring



The athlete pathway



Hoppers Rep sits within Netball Victoria's talent pathway, shown above.

Each age group is **one squad, up to three teams**. They train together, share coaching and standards, and athletes move between teams through the season as they grow.

Open

Our top team in each age group. Opens compete at the highest level, including the Netball Victoria Association Championships.

Reserves

Also competes at Association Championships, building strength and depth across the age group.

Development

Builds skills, court time and match confidence, with a clear path toward Reserves and Open.

Opens and Reserves both represent HCNA at Association Championships. Up to 12 athletes are selected per team, with Training Partners where needed.

Boys & umpire programs

Boys program

Premiership success at 13, 15 and 17 & Under from 2024 to 2026.

Rep Umpire Squad

New for 2026/27, our umpires train alongside the representative teams with coaching, mentoring and assessment.



How athletes are selected

Selection is based on trial performance, assessed by a panel of at least three selectors, including an independent selector where practicable. **Scan the Rep Selection Policy on the back cover for the full process.**

Where we competed in 2026



In 2026 our teams travelled to **five tournaments across Victoria**, hosted our own HCNA tournament, contested the Rotary Cup against Wyndham, and competed at Association Championships.

- 1 Ariels Tournament
- 2 Nillumbik
- 3 Frankston
- 4 HCNA (home)
- 5 Casey
- 6 Altona
- 7 Association Championships

Program options

Tournament Squad

\$325

Five tournaments across Victoria, our own HCNA home tournament, and Association Championships. Every representative team plays the full program.

- ✓ Specialist and position coaching
- ✓ Player development workshops
- ✓ Primary care and trainers at every tournament
- ✓ Video and match-day preparation



Parkville Squad

\$470

Everything in the Tournament Squad, **plus** weekly Parkville competition at the State Netball Centre, the largest domestic netball competition in Victoria. For the Autumn season, we aim to take our Open and Reserves athletes at 15 & 17 & Under.

15 & Under Thursday nights

17 & Under Tuesday nights



Both squads include coaching, specialist coaches and workshops, equipment, tournament entry fees and program administration. Uniforms are purchased separately. Payment plans and confidential hardship support are available.

Assistant & 11 & Under



Monique (Mon) Van Blommestein

11 & UNDER

Having progressed through HCNA from NetSetGO to junior netball, Mon understands the association and its development pathways. Her coaching style is firm but fair, balancing competitive expectations with individual skill development and teamwork. Mon hopes to positively influence young athletes by building their confidence, supporting their growth and making their netball experience enjoyable.



Deanna (De) Ransom

11 & UNDER

De brings experience in junior development, representative coaching and M-League, alongside her role in player development at Hoppers Crossing Netball Club. Her positive, encouraging approach prioritises athlete wellbeing, confidence and continuous improvement. De hopes every athlete finishes the season recognising their progress, having learnt new skills and wanting to return to representative netball.



Samantha Vredenbregt

ASSISTANT COACH · 13 & 15 & UNDER

An experienced player, umpire and developing coach, Samantha brings a broad understanding of netball through her involvement in community and WFNL competitions. Her coaching approach is direct and encouraging, with an emphasis on building confidence and game awareness. Samantha hopes to help athletes become smarter, more capable netballers while continuing to develop their enjoyment of the sport.

13 & Under

**Narena Baker****13 & UNDER OPEN**

Narena brings representative coaching experience from SACSNA and a passion for developing strong netball foundations. Her coaching style is direct, energetic and fun, with an emphasis on building fundamental skills in a positive environment. Narena hopes her athletes finish the season having developed their abilities while genuinely enjoying their netball experience.

**Karl Edmonds****13 & UNDER RESERVES**

Karl brings experience across HCNA representative netball, M-League and community competitions. A structured and competitive coach, he focuses on developing strong fundamentals, tactical awareness and confidence. Karl aims to challenge athletes to reach their potential while building friendships, enjoying their netball and developing a deeper understanding of the game.

**Kini Hekemata****13 & UNDER DEVELOPMENT**

Kini brings grassroots netball knowledge and community coaching experience, with a passion for developing young athletes. He focuses on preparation, individual growth, tactical understanding and strong team connections, creating an environment where athletes challenge themselves and take pride in representing HCNA.

15 & Under



Woody Tangaroa

15 & UNDER OPEN

Woody brings experience across high-performance umpiring in the Victorian Netball League and representative coaching with the Elmer Netball Region. His approach combines technical development, structured training and a strong focus on athlete confidence. Woody wants a positive, supportive environment where athletes challenge themselves, learn from mistakes and finish the season more confident and capable.



Nicole Evans

15 & UNDER RESERVES

Nicole has spent three years coaching within the HCNA Representative Program and has also contributed to the Parkville 15 & Under program. Her balanced approach combines structured training, game-based development and individual feedback. Nicole is passionate about building a strong team culture where athletes feel supported, develop their skills and grow as both netballers and leaders.



Sam Mahoney

15 & UNDER DEVELOPMENT

A former HCNA representative athlete, Sam brings coaching experience across junior representative and club netball, including her role as Head Coach at Heathdale Netball Club. Her collaborative coaching philosophy focuses on communication, individual development and helping athletes recognise their potential. Sam hopes to give back to the HCNA community while creating lasting friendships and positive netball experiences.

17 & Under



Kelly Van Blommestein

17 & UNDER OPEN

Kelly brings extensive experience coaching HCNA representative teams, Parkville netball and Indoor Sports Victoria programs. She coaches on accountability, high standards and challenging athletes to step outside their comfort zones, while making sure they feel supported and valued as they prepare for higher-level opportunities.



Maurice (Mo) Andrews

17 & UNDER RESERVES

Mo brings 18 years of coaching experience across Australia and New Zealand, working with athletes of various ages and abilities. His philosophy centres on sharing knowledge and helping players better understand the game. Mo is committed to developing athletes' skills and confidence while creating an enjoyable team environment that encourages continuous improvement.





Find Out More



SCAN OR TAP

Rep Selection Policy

How HCNA selects its representative teams, in full.
hopperscrossingna.com.au



SCAN OR TAP

Rep Program Page

More information and frequently asked questions.
hopperscrossingna.com.au/#/representative

Get in touch

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hopperscrossingna.com.au · Hoppers Crossing Netball Association on Facebook

OUR MAJOR PARTNER

HCNA is proud to partner with Community Bank Altona & Laverton (Bendigo Bank), directly supporting Hoppers Rep and umpire development.

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WE COMPETE IN



Supporting your Community

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